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| We measure time in  **Seconds Minutes Hours** | |
| 60 seconds = 1 minute | 60 minutes = 1 hour |
| **Days Weeks Months Years** | |
| 24 hours in a day  7 days in a week | 52 weeks in a year  12 months in a year |
| We also use  **Seasons Fortnights** | |
| 4 seasons in a year  Summer, Autumn, Winter, Spring | 14 days = a fortnight  2 weeks = a fortnight |

MargD