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**Seeking Discoveries**

How is prayer a part of people’s lives?

How is prayer a part of your life?

**Understandings:**

People experience God through creation, Scripture, prayer and through people.

When people spend time alone with God their friendship with God grows.

There are many forms of prayer – personal, traditional and communal.

**Scripture Text**

Lk 6: 12 Jesus Christ went out in the hills to pray

Lk 10: 38–42 Mary and Martha